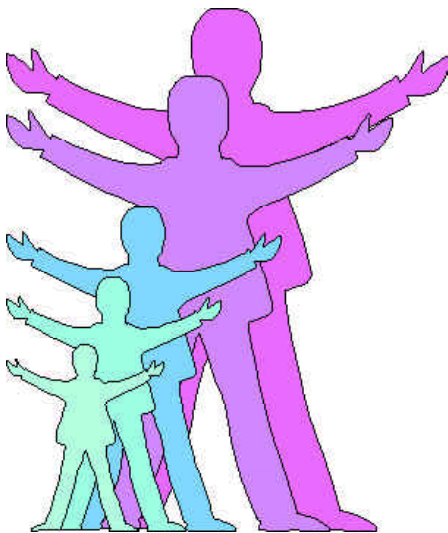


Personality: What Type Are You?

What personality type are you? Do you know? Do you care? Does it make any difference? Well, take just a minute and try to think about all the different “types” of kids in school. Do you get along with all of them? Do you just like some of them? Your “type” can tell you a whole lot.

Now, take just a second to play something we’ll call *Career Interests*. It’s designed to help you match your interests and skills with similar careers. It can help you begin thinking about how your personality will fit in with specific work environments and careers. Play along and see what happens!

Imagine walking into a room in which the six groups of people described in the table below are already interacting. Read the descriptions of each group and list the group you would be drawn to



first, then your second choice, and finally your third choice.

This exercise is based on Dr. John Holland’s theory that people and work environments can be loosely classified into six different groups. Different peoples’ personalities may find different environments more to their liking. While you may have some interests in and similarities to several of the six groups, you may be attracted primarily to two or three of

Skills you need for careers

Assess the skills you have—and determine the skills you need—to find careers that match your abilities.

You may have already learned to:

* manage time	* motivate people	* be accurate
* make good decisions	* analyze data	* understand quickly
* communicate well	* write clearly	* be enthusiastic
* evaluate information	* be efficient	* be flexible
* organize	* be reliable	* solve problems

the areas. These two or three letters are your Holland Code.

For example, with a code of RES you would most resemble the **Realistic** type, somewhat but less resemble the **Enterprising** type, and somewhat but even less resemble the **Social** type. The types that are not in your code are the types you resemble least of all. Most people, and most jobs, are some combination of two or three of the Holland interest areas.

For more information about the Holland Code, careers, majors, and self-assessments talk to a counselor about taking a self-directed search (SDS; Holland, Powell, & Fritzsche, 1994) or a Vocational Preference Inventory (VPI; Holland, 1985).

Source: University of Missouri Career Center, <<http://web.missouri.edu/~cppcwwww/holland.shtml>>

Realistic “Doers”	Investigative “Thinkers”	Artistic “Creators”	Social “Helpers”	Enterprising “Persuaders”	Conventional “Organizers”
<p>Are you:</p> <ul style="list-style-type: none">• practical• frank• a nature lover• curious• concrete• self-controlled• ambitious• persistent• athletic• mechanical• thrifty• stable• reserved• independent• systematic <p>Can you:</p> <ul style="list-style-type: none">• fix electrical things• solve electrical problems• pitch a tent• play a sport• read a blueprint• plant a garden• operate tools and machinery <p>Do you like to:</p> <ul style="list-style-type: none">• tinker with machines and cars• work outdoors• be physically active• use your hands• build things• care for or train animals• work on electronic equipment	<p>Are you:</p> <ul style="list-style-type: none">• inquisitive• scientific• precise• cautious• self-confident• reserved• independent• analytical• observant• scholarly• curious• introspective• broad-minded• logical <p>Can you:</p> <ul style="list-style-type: none">• think abstractly• solve math problems• understand scientific theories• do complex calculations• use a microscope• program computers• interpret formulas <p>Do you like to:</p> <ul style="list-style-type: none">• explore a variety of ideas• use computers• work independently• perform lab experiments• read scientific or technical journals• analyze data• deal with abstractions• do research• be challenged	<p>Are you:</p> <ul style="list-style-type: none">• creative• imaginative• unconventional• independent• original• impulsive• courageous• complicated• nonconforming• intuitive• innovative• emotional• expressive• introspective• sensitive• open• idealistic <p>Can you:</p> <ul style="list-style-type: none">• sketch, draw, or paint• play a musical instrument• write stories, poetry, or music• sing, act, or dance• design fashions or interiors <p>Do you like to:</p> <ul style="list-style-type: none">• attend concerts, theaters, or art exhibits• read fiction, plays, or poetry• work on crafts• take photographs• be creative• deal with ambiguous ideas	<p>Are you:</p> <ul style="list-style-type: none">• friendly• idealistic• outgoing• cooperative• responsible• kind• persuasive• patient• helpful• insightful• understanding• generous• forgiving• empathetic <p>Can you:</p> <ul style="list-style-type: none">• teach or train others• express yourself clearly• lead a group discussion• mediate disputes• plan and supervise an activity• cooperate well with others <p>Do you like to:</p> <ul style="list-style-type: none">• work in groups• help people with problems• participate in meetings• do volunteer work• work with younger people• play team sports• serve others	<p>Are you:</p> <ul style="list-style-type: none">• self-confident• sociable• enthusiastic• adventurous• impulsive• inquisitive• talkative• spontaneous• assertive• persuasive• energetic• popular• ambitious• agreeable• extroverted• optimistic <p>Can you:</p> <ul style="list-style-type: none">• initiate projects• convince people to do things your way• sell things or promote ideas• give talks or speeches lead a group• persuade others <p>Do you like to:</p> <ul style="list-style-type: none">• make decisions affecting others• be the best at sales or leadership• start your own service or business• campaign for elected office• meet important people• have power or status	<p>Are you:</p> <ul style="list-style-type: none">• well-organized• numerically-inclined• methodical• efficient• orderly• thrifty• structured• ambitious• persistent• accurate• conscientious• conforming• practical• systematic• polite• obedient <p>Can you:</p> <ul style="list-style-type: none">• work well within a system• do a lot of paperwork in a short time• keep accurate records• use a computer• write effective business letters <p>Do you like to:</p> <ul style="list-style-type: none">• work with numbers• use a keyboard• be responsible for details• collect or organize things• follow clearly defined procedures• use data processing equipment